

# Where Is Happiness?

Everybody wants to be happy, but how do you actually “do” happiness?

FREE  
RETREATS



- Meditation
- Yoga lessons
- Video presentations
- Group considerations
- Personal stories
- Vegetarian meals

A weekend about Happiness,  
based on the wisdom of Adi Da Samraj

Two day retreats in Berkeley

March 31–April 1, 2018

May 19–20, 2018

June 16–17, 2018

July 7–8, 2018

Redwood Gardens  
2951 Derby Street  
Berkeley, CA



The retreat program is **FREE**. You pay only \$45 for your meals.

For more information and to register, please contact [ncal@whereishappiness.org](mailto:ncal@whereishappiness.org) or call 707-350-3050

[facebook.com/happinessretreat](https://facebook.com/happinessretreat)  
[www.whereishappiness.org](http://www.whereishappiness.org)

