

# Open Eyes

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## “I Am the Water Itself”



When Narcissus  
looks into the water,  
he sees himself.

When I am recognized,  
the Water Itself  
Is Found.

- Adi Da Samraj, “*The Boundless Self-Confession*”

## The Image of Narcissus

Adi Da uses the ancient Greek myth of “Narcissus” as a metaphor for the universal, egoic activity of separation and the avoidance of relationship.

Narcissus was universally adored but scorned everyone, until he was cursed to fall in love with his own image. He stared at his reflection in a pond, eternally miserable and frustrated that he could not be with this one he adored.



Not only is Narcissus separate and isolated—he is (entirely, and perpetually) concentrated in an illusion. Apart from true (and truly “radical”) self-understanding (or root-understanding of egoity, or of self-contraction, itself), all human beings are exactly like that. There is the persistent avoidance of relationship, the constant self-contraction, the exclusive meditation upon the subjective reflection of events, the endless thinking, the endless motivation from the “point”-of-view of the ego (the presumed “place” of perception and cognition), such that there is no Real perception, no Real Knowledge.

- Adi Da Samraj  
“One-‘Point’-edness”

The Mirror Is the Truth. The reflected imagery of “self” and “world” is not the Truth. The State of the Mirror Itself Is the Truth. The “objects” seen in the Mirror are not the Truth....

I am not looking in a mirror. I Am the Mirror, or the Water Itself—all the while.... I Am Always Already Present, Directly before you, As the Mirror—but you, as “Narcissus”, merely persist in looking at the image of yourself, and either admiring the image or recoiling from it (depending on your attitude of the moment). In either case, you remain in the position of looking at a reflection.

- Adi Da Samraj  
“The Mirror and The Checkerboard”



“Narcissus at the pond” painting by Lucy Arqué

## Restored to Love

by Colleen Phelps



It was September 1979 during a time of great celebration with Adi Da Samraj at the Mountain Of Attention Sanctuary. On this evening Avatar Adi Da was to initiate a small group of senior devotees into a new level of practice, then they in turn would initiate a larger group.

As devotees assembled in All True Things Park, a disagreement arose between my partner and me, and I was feeling the pain of unlove, and unhappiness, contracted into separateness.

We were ushered down to the Grotto where the initiations were to take place and seated on a newly-terraced hillside which faced Bhagavan Adi Da's Seat above a pool in the Grotto.

We watched as He personally initiated His most mature devotees, anointing them with water from the pool. Now the remainder of us were to be similarly initiated by those devotees.

As I sat and regarded my Beloved Heart-Master, I felt my closed heart and a deep sorrow. I felt I could not go forward to receive Adi Da's Blessing in my contracted state.

With my attention resting on Adi Da, while also feeling the pain of my separation, His Blessing Grace moved through me and I suddenly realised, "He knows all of this about me." Simultaneously I felt free to release it and simply surrender in heart-communion with my Beloved Guru, The One Who is Love.

The words from one of His Poems washed over me: "I need all your love", and I stood with my friends and went to His Feet.

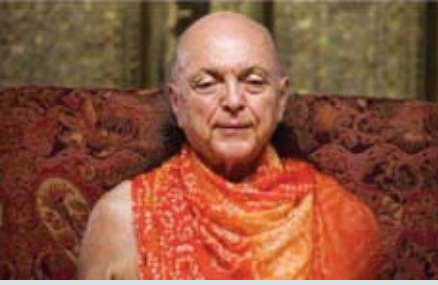
Beholding Bhagavan Adi Da's Bodily human Form, my heart poured out my love. Scarcely taking His Eyes from my face, the Master granted me His Boundless Love in return, revealing His State of Limitless Being and drawing me to an ever-growing depth of love.

Then I heard His Admonition whispered by the devotee beside me, and felt His Blessing Water rain down on my head. I bowed in deepest heart-gratitude for Bhagavan Adi Da's Revelation of the Truth of non-separation.

As I walked away from the Grotto, I felt hugely expanded, utterly filled by Adi Da's Gift of His Divine Love and heart-opened by His Grace.



## Who is Avatar Adi Da Samraj?



Avatar Adi Da's entire human lifetime was a unique demonstration of His Eternal Form — the State He calls the "Bright", the Conscious Light that is Reality Itself.

From His birth on 3 November 1939 on Long Island in New York, to His passing from the body on 27 November 2008 at the Island of Naitaubá, Fiji, His Life is the story of the Intervention of the "Bright" in human time.

The fruits of Avatar Adi Da's Lifetime are the establishment of a new and unique possibility for the transformation of all beings and the world itself.

His Eternal Revelation is of the Divine Reality, which is always Shining — like the sun — as the Prior Condition of every one and every thing.

To live as mind is ego.  
"Narcissus" seeing his own reflection is mind.

Mind is the reflection.

Human bondage is bondage to mind.

As a result, people do not directly notice the actual conditions of their existence.

I Am As I Am.

I am not merely Reflecting.

The Mirror is not "busy"

Reflecting everything.

The Mirror is What is.

The Mirror Is the Reflector to (and of) egos—but Always Acausally (or Indifferently), Always Free-Standing As Itself (Prior to and Beyond all apparent differences).

The Mirror is not doing any Reflecting. The Mirror is not doing any observing. The Mirror is not doing anything.

- Adi Da Samraj

*"The Way of The Mirror Is Me"*

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